

Autumn

2015



Malaria - No Easy Solution

Malaria is still by far the greatest threat to good health at Bulabakulu and it would be really great if we could present you with an easy (even if expensive) solution. Harriet, the nurse, treats cases of malaria every month and prevention is way better than cure. The unfortunate fact is that there is no simple solution and whilst mosquito nets are important - they are not the magic solution that you might have been led to believe.

The root cause of the disease is a parasite that lives in the blood of various animals - including humans. The means of transmission of the parasite from one animal (person) to another, is the humble mosquito. If the mozzie imbibes infected blood and then moves onto a new victim, it will inject some of that blood (with

parasites) and thus malaria spreads through the population. The mozzies will bite at all times of day but do so more at night – and of course a sleeping person will not swat the little blighter! Mosquito nets are capable of making a huge difference to the spread of the disease but they are no panacea. Have a look at the photograph of the dormitory.

Think about how a relatively fragile net gets hung from a high ceiling and covers all three children in the bunk beds... and now imagine the small person in the top bunk bed getting in and out of bed without damaging the net. It really shouldn't come as any great surprise that it is quite difficult to get the children to consistently use the nets and even more difficult to stop the nets getting damaged within a few weeks of commissioning. We can't give up the fight but you need to know that it is not an easy one to win!

May the efforts to develop a vaccine be successful in the very near future.



Up-date on Food Situation

This time last year we were reporting on the seemingly dire situation in respect of the food supply at Bulabakulu - with the previous food supplier, a USA-based charity, having given notice that it was pulling out.

Such was the hugely generous response from AGLM supporters that the trustees were able to commit to provide money for a reduced (but seemingly adequate?) food bill for the whole of 2015.

It is looking very likely that we will be able to renew that commitment for 2016. We do need to assess the extent to which the diet has been adequate because it has been

largely poshu (maize flour cooked in water) and beans-with some rice. We might be horrified at this monotony but the diet is a balance of carbohydrate and protein and it is the norm in Uganda for people to eat a very restricted range of foods.

It costs around £1,300 per month at the moment to feed the village. We have been assisted in our ability to send enough money over this year by the very strong Pound Sterling against the Ugandan Shilling but we can not rely upon this situation to continue indefinitely. We are also

running down some large one-off donations that were given for food. We now have around £420 per month in regular donations towards food and so constantly need to top up those funds from other sources.

The overall message is firstly of huge gratitude; certainly not one of panic but neither is it one of complacency. Our ideal would be a situation whereby we have enough regular income to cover the basic items. One-off donations could be used to top-up the diet with more fruit and vegetables, and occasional meat/fish.

REGISTERED CHARITY NUMBER 1115766

AFRICA GREATER
LIFE MISSION UK



REGISTERED CHARITY
NUMBER 1115766

Cefn Prysgau
Crossgates
Llandrindod Wells
LD1 5SU

01597 851817
chrisandyaglm@gmail.com

Trustees

Chair: Becky Webb
Secretary: Andy Bull
Treasurer: Chris Bull
Jessie Bergstrom

Fundraising Activity

AGLMUK rented the charity shop owned in Middleton Street, Llandrindod during a week in July. Thanks to the amazing set of volunteers that helped set up, run and clear up - and all of those who contributed the stuff that we sold, we brought in over £1,900 in profit. The shop has been booked again for a similar time next year.

A small group of us just completed the 84 miles long Hadrian's Wall National Trail. Heather Martin managed to drum up some sponsorship and so thanks to all of those who paid us to complete a great walk!

Adrian Stott and His Horticulture Activities

Adrian Stott, from Llandrindod Wells, has been living at Bulabakulu for almost a year now. He is training some of the young men in horticulture and is particularly excited about the pig-rearing project that is developing. It will be good to see him again when we visit in January and we look forward to hearing his stories and seeing his progress.



Another Baby for Harriet

The village nurse, Harriet, has recently given birth to her sixth child. In case you are wondering -she doesn't take much maternity leave! There is always someone around to look after her younger children.



Alternative Presents Christmas Food Appeal

Alternative presents are available all year round - but especially at Christmas. There is a special leaflet describing the list of presents and their cost but if you want to suggest something else, and we confirm that it would be appropriate then these things can be accommodated. General unspecified gifts of any value are always welcome as are contributions towards some of the specific projects mentioned in this newsletter - and we are more than happy to provide cards you to give to the recipient. As last year, the major emphasis is food - we suggest that you might like to help your Christmas over-indulgence digest more easily by making a small donation for food at Bulabakulu.

The Container From Bradford

Many of you provided things to fill the container that was organised by Sunbridge Road Mission in Bradford and sent over to Uganda. You'll be pleased to know that after a long and painful stay in the Ugandan Customs depot the contents of the container have largely found their way to Bulabakulu.

Joshua Magezi's UK Visit

Joshua Magezi, the founder of AGLM and, until recently, our main contact in Uganda, has been visiting various churches in the UK. He was invited by a Ugandan church in Stratford, East London but has also spent time with AGLMUK supporting churches in Llandrindod, Bishop's Castle and Preston. He made new contacts in Cardiff too. Whilst in Llandrindod we had an open evening and then Joshua spoke at New Life Church on a Sunday. It was lovely to see quite a few people from different churches in the area all attend New Life to hear Joshua preach - and they were glad that they did!



Joshua and Precious at their home church - Kibule Miracle Centre.

You can now support AGLMUK just by shopping online. Many stores will donate a percentage of your purchase to us and it won't cost you a penny extra.

Simply join and install Give as you Live and start shopping.

Start raising funds now:
<http://www.giveasyoulive.com/join/africa-greater-life-mission-uk/402547/0>

Watch this how it works video to learn more about Give as you Live.

<http://www.giveasyoulive.com/howitworks>

